

Dear Father God,

You are my refuge and my strength...  
In God is my salvation and my glory;  
The rock of my strength,  
And my refuge, is in God.

*Psalm 62:7*

I thank you that you are always with me, and that you help me when I get into trouble...  
God is our refuge and strength,  
A very present help in trouble.

*Psalm 46:1*

I run to You for help and You fill me with peace.

You are the only one who is totally trustworthy.

You are great, mighty and awesome.

You will never fail me.

With You, I am never alone and You will never leave me.

Please protect me, protect my mind and my body from the evil in this world today.

I trust You to guide me and to be near to me, no matter what happens.

In You I have strength and stability.

I trust You and Your promises.

Thank You, in the powerful name of Jesus I pray,

Amen.