PRAYER FOR HELP FORGIVING SOMEONE WHO HURT YOU

Lord, You said to come boldly before Your Throne if I am in need, to receive Your grace, and I need Your grace now, Lord, and I need You to help me forgive I am hurting, Lord. I know You saw it happen, Lord, because Your Word says Your eyes are every place, beholding the evil and the good.
I know You love them even as You love me, and that you don't want discord between any of Your creation, Lord. I ask for forgiveness for harboring ill feelings towards them, Lord, and I receive your forgiveness now.
Lord, I am having difficulty releasing this pain, and freely forgiving this person. I pray, Lord, You would help me to love them and not hate, to bless them and not curse them, to be kindly affectioned towards them as Your Word says, and not to hold anger and unforgiveness towards them. Lord, help me to overcome the evil done to me, with good, as Your Word commands.
Lord, I am so grateful that You died on the Cross for me and that my sins are forgiven and I pray Your mercy and forgiveness would flow THROUGH ME right now to this person, and that Your precious Blood would cover this whole situation, healing them, healing me, healing this wound on my soul forever as well as any I caused them, and that Your peace would now take over and be all that is between and me.
Lord, Your Word says if a person's ways are pleasing to You, that You will make even their enemies to be at peace with them. (Prov. 16:7) Your Word also commands me to pray for my enemies and those who use and curse me, Lord, so I pray now for and I ask you to bless him/her, especially with repentance, Lord God, with strength, and with understanding, Lord.

I pray Lord you will help me to allow Your peace, that passes all understanding to reign in my heart now, and keep my mind and heart, that no bitterness or unforgiveness would be able to abide there. In Jesus Name I pray, Amen.

Warfare Prayer to Get Rid of Offense, Anger and Bitterness

In Jesus' Name, I bind up my emotions in regard to (name the situation where you were hurt) between _____ and me. Emotions, I command you to LINE UP WITH THE WORD OF GOD right now in Jesus Name! Spirits of offense, anger, bitterness and unforgiveness, I bind you in the Name of Jesus and I command you to pick up your seeds, clean up your filth and go immediately into the Abyss in Jesus Name – GO NOW!! I plead the precious Blood of Jesus over every area of my mind, heart, soul and spirit those demons were affecting. I praise You, Lord, for healing every soul wound they inflicted in me right now, in Jesus mighty Name!

Thank You, Lord – I praise You for the authority of Your Name and for Your Blood that was shed for me!

Also: If you have spoken any word curses over yourself like "I will NEVER FORGIVE him/her for that, etc., then command that word curse of (speak what you said in the curse) to be broken right now, in Jesus' Name. Command every spirit that came in under that word curse to be bound and cast into the Abyss in Jesus Name, along with their filth and their seeds.